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## Group Meeting Details

### ***Anglia & South East Area***

<b>Barking &amp; Dagenham</b>	Tuesday	8:30pm	The Beacon Tree, Green Lane, Dagenham, Essex. RM8 1DJ	<a href="http://barkingdagenhamplus.com/">http://barkingdagenhamplus.com/</a>
<b>Havering &amp; Romford</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday of month	8:45pm	The Golden Lion, High Street, Romford RM1 1HR	
	and 1 <sup>st</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup> Thursday of month	9:00pm	Clubs 2004, 168 Station Lane, Hornchurch RM12 6LS	
<b>Kent Plus Social Group</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays	7:30pm	The Barn (in conservatory), 1 Lonsdale Road, Royal Tunbridge Wells, Kent, TN1 1NU	<a href="http://westkentplus.wix.com/westkentplus">http://westkentplus.wix.com/westkentplus</a>
	Other Tuesdays		various Wetherspools in West Kent Area	
<b>Kings Lynn</b>	Tuesday	8:00pm	The Sandboy, Gayton Road, King's Lynn PE32 1EP	<a href="http://www.kingslynnplus.org.uk/">http://www.kingslynnplus.org.uk/</a>
<b>Redbridge</b>	Friday	8:30pm	Goodmayes Community Centre, 616C Green Lane, Goodmayes, Ilford, Essex, IG3 9SE	<a href="http://www.redbridge18plus.org.uk/">http://www.redbridge18plus.org.uk/</a>



## Group Meeting Details

### ***Midland Area***

<b>Bromsgrove &amp; Redditch</b>	1st Monday of month	9:00pm	The Queens Head, 125 Bromsgrove Road, Redditch B97 4R	<a href="https://www.facebook.com/groups/2523084911354855">https://www.facebook.com/groups/2523084911354855</a>
<b>Coventry</b>				
<b>Leeds &amp; Bradford Plus</b>	Every 2nd Friday of month	8:45pm	The Tetley, Hunslet Road, Leeds LS10 1JQ	<a href="http://www.facebook.com/pages/Leeds-Plus/110197529003927">http://www.facebook.com/pages/Leeds-Plus/110197529003927</a>
<b>Lichfield</b>	Every 1 <sup>st</sup> Wednesday of month	8:30pm	The Duke of York, Greenhill, Lichfield WS13 6DY	
<b>Lincs Quest</b>	2nd & 4th Wednesday of month	8:30pm	The Holiday Inn Express, 3-9 Welllowgate, Grimsby DN32 0RA	<a href="http://www.plusgroups.org.uk/plus/ma/lincs_quest/">http://www.plusgroups.org.uk/plus/ma/lincs_quest/</a>
<b>Rothwell</b>	Monday	8:30pm	The Unicorn Inn, Main Street, Carlton, Wakefield WF3 3RW	
<b>Solihull Quest</b>	Friday (except 1 <sup>st</sup> of month)	8:15pm	The Fieldhouse, 10 Knightcote Drive, Solihull B91 3JU	<a href="http://www.solihullplus.org.uk">http://www.solihullplus.org.uk</a>



## ***North Thames and Chilterns Area***

<b>Barnet</b>	Sunday	8.15pm	Discovery Hall, 1 Stevenson Close, Netherlands Road, New Barnet EN5 1DR	<a href="http://www.barnetplus.com/">http://www.barnetplus.com/</a>
<b>Didcot</b>	Thursday	7:15pm	Meets every Thursday at The Station Garden, 2 Gentian Mews, Great Western Park, Didcot OX11 6GR	<a href="http://www.plusgroups.org.uk/plus/ntca/didcot/">http://www.plusgroups.org.uk/plus/ntca/didcot/</a>
<b>Dunstable</b>	Friday	9:00pm (for badminton), 10:00pm (for drinks)	Dunstable Leisure Centre, Court Drive, Dunstable LU5 4JD	
<b>Hillingdon</b>	2nd Wednesday of month	9:00pm	The Fairway, Ruislip Golf Club, Ickenham Road, Ruislip HA4 7DQ	<a href="http://www.hillingdonharrowplus.org.uk/">http://www.hillingdonharrowplus.org.uk/</a>
<b>Slough</b>	4 <sup>th</sup> Wednesday of month	8:45pm	The Tower Arms, 2 Thorney Lane South, Iver SL0 9AE	<a href="http://sloughplus.weebly.com/">http://sloughplus.weebly.com/</a>
<b>Stevenage</b>	Tuesday	8:00pm	The Post Office Club, 13 High Street, Stevenage SG1 3BG	<a href="http://www.stevenageplus.co.uk/">http://www.stevenageplus.co.uk/</a>



## Group Meeting Details

### ***Southern Area***

<b>Abingdon</b>	Most Mondays	8:00pm	The Brewery Tap 40-42 Ock Street, Abingdon OX14 5BZ	<a href="http://www.18plus.org.uk/sa/abingdon/">http://www.18plus.org.uk/sa/abingdon/</a>
<b>South Bucks</b>	Most Tuesdays		Magnet Leisure Centre, Holmanleaze, Maidenhead SL6 8AW	